

A dramatic landscape featuring a steep, rocky mountain face on the left, partially shrouded in mist. A small paraglider with a yellow and red canopy is visible against the sky. The foreground is a dense forest of dark evergreen trees. The sky is filled with soft, grey clouds, creating a moody atmosphere.

*“What makes old age hard to bear
is not a failing of one’s faculties,
mental or physical,
but the burden of one’s memories”*

Somerset Maugham

PTSD och demens

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